## DigiNurse

Webinar 22.04.2020 @ 16.00 Piloting 22.04 - 26.05.2020

# Hop on Board Digithurse Coaching

- Attend the webinar 22.4.2020 at 16.00
- participate in international coaching pilot (online pair work)
- reflection webinar 26.5.2020

### Come and prepare yourself to digital coaching in Health Care

#### **Content of the DigiNurse Webinar:**

- Ethical aspects relevant to digital patient coaching
- Key elements of salutogenesis and self-management
- Patient coaching and coaching models: Grow and 5A
- Explore the digital aspects of patient self-management and patient coaching

#### Come and practice coaching between international nursing students

#### **Content of the international DigiNurse Coaching Pilot:**

- Independent studying of the coaching materials
- Preparation for the practical coaching session
- Coaching session via the online video calls
- Reflection discussion 26.5.2020